

North Carolina Legislature Participates in Hypertension Awareness Day Event

The Justus-Warren Heart Disease and Stroke Prevention Task Force sponsored an observance of Hypertension Awareness Day on May 17, 2017 at the North Carolina Legislative Building. A steady stream of legislators, staff and guests visited two stations to have their blood pressure checked during the day. The purpose of the observance was to encourage all participants to know their blood pressure numbers and to take steps to improve them until they've reached their goal. Event co-sponsors, the Academy of Family Physicians, American Heart Association, and American College of Cardiologists, measured blood pressures and provided education and counseling.

"Today, the message is check, check, check your blood pressure," stated Task Force Chair and North Carolina State Representative Becky Carney to the [North Carolina Health News](#). [\(Read full article here.\)](#) Representative Carney is a survivor of sudden cardiac arrest. She and the Task Force support the Hypertension Awareness Day Bill [SB 317/HB 411](#), which would establish the third Wednesday in May as Hypertension Awareness Day in perpetuity.

