

Cancer Survivorship Summit Planned for April



Every 30 seconds, someone in the United States hears a doctor say, “You have cancer.” The number of cancer survivors is growing, as cancers are found earlier and treated more successfully. A person becomes a cancer survivor at the time of cancer diagnosis and remains one throughout his or her life.

The N.C. Cancer Prevention and Control Branch will host its 10th Annual Cancer Survivorship Summit April 27-28, 2017 at the Hilton North Raleigh/Midtown Hotel. Important partners, including NC Cancer Centers, the NC Advisory Committee on Cancer Coordination and Control’s Care and Treatment

Subcommittee, along with many others, planned this exciting educational and empowerment program for cancer patients/survivors and their caregivers. The title of the 2017 Summit is: You Are Not Alone...Moving Forward Together.

The goal is to bring together cancer survivors, patients and caregivers to share their experiences, learn about the latest cancer treatments, research, and psychosocial issues, as well as self-advocacy skills and resources. Survivors learn skills and take home practices for nutrition, relaxation and mindfulness meditation, art therapy, journaling and muscle strength building [i.e. tai chi or yoga for cancer patients]. The Summit helps survivors feel more in control or their life, make informed decisions about care and treatment options suitable for them, build confidence to face challenges, and feel hopeful and apply lessons learned to their daily lives.

For more information, contact Comprehensive Cancer Program at 919-707-5300.

